



# ARBONNE ESSENTIALS® ENERGY FIZZ STICKS

Unlike many high sugar, highly caffeinated products on the market today, great tasting Energy Fizz Sticks contain B vitamins, riboflavin and niacin to help support energy-yielding metabolism.<sup>o</sup> The Get-Up-and-Go Blend contains targeted botanicals like green tea with EGCG, guarana, ginseng with ginsenosides, and taurine help to support energy naturally.<sup>o</sup> Pomegranate #2079; Citrus #2077; 20 stick packs, **US \$32 SRP** each

## Talking Points

- 20 convenient on-the-go stick packs per box.
- Low-calorie, low-sugar alternative to sodas and sugary drinks.
- Order through Arbonne Special Delivery™ with 30-, 60- or 90-day delivery options.
- Become a Preferred Client to enjoy 20% off all Arbonne products.
- With Preferred Rewards, the more you spend, the more you earn.



## BENEFITS

- Take 2-3 Fizz Sticks to temporarily:
  - Help reduce fatigue, promote alertness and enhance cognitive performance<sup>o</sup>
  - Help promote endurance and enhance motor performance<sup>o</sup>
- Contains antioxidants to help fight damage from free radicals<sup>o</sup>
- Contains an adaptogenic herb combined with B vitamins and chromium to help boost energy<sup>o</sup>
- A healthy supplement drink — only 13 calories and less than 1 gram of sugar per stick pack
- Quick-dissolving powder
- No artificial colors, flavors or sweeteners
- Gluten-free
- Certified vegan

## FREQUENTLY ASKED QUESTIONS

- Q.** Do Energy Fizz Sticks contain caffeine and if so, how much?
- A.** Yes, they contain 50 mg of caffeine derived from botanical sources and less than 2 grams of sugar per stick pack. A 12 oz. soda typically contains 50 mg of caffeine but can also contain in excess of 25 g of sugar. In addition, popular energy drinks can be spiked with hundreds of milligrams of synthetic caffeine, the cause of some concern regarding these drinks.
- Q.** How do the current Energy Fizz Sticks compare to the discontinued Fizz Tabs?
- A.** Both formulas are nearly the same. Both deliver the same energy-boosting vitamins and botanicals, like riboflavin, niacin, vitamins B6 and B12, taurine, guarana, green tea, ginseng, and rhodiola. Both products also deliver a modest and equal amount of caffeine.

One difference is that the Fizz Sticks do not contain leucine; while there was some benefit for its use, the ingredient had originally been used in manufacturing, but is not needed for production of the Fizz Sticks.

Additionally, the rhodiola used in the Fizz sticks is now standardized to 10% rosavins; this is beneficial as it now delivers a specified amount of the targeted extract per use. Finally, Fizz Tabs could take up to 15 minutes to dissolve; the current formula dissolves nearly instantly.

## KEY INGREDIENTS

### B Vitamins

- Play important roles in cell metabolism<sup>o</sup>
- Contribute to a reduction of tiredness and fatigue<sup>o</sup>

### Get-Up-and-Go Blend

- Contains botanicals such as guarana, green tea, and panax ginseng that temporarily help support energy<sup>o</sup>
- Contains rhodiola, an adaptogenic herb that helps to temporarily support energy levels in the body<sup>o</sup>

<sup>o</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# ARBONNE ESSENTIALS® ENERGY FIZZ STICKS

## Pomegranate

# Supplement Facts

Serving Size 1 stick pack (6.1 g)

	Amount Per Serving	% Daily Value <sup>1</sup>
Calories	13	
Total Carbohydrates	2 g	
Sugars	<1 g	**
Riboflavin	3 mg	176%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Chromium (as chromium polynicotinate)	60 mcg	50%
Sodium (as sodium carbonate and sodium bicarbonate)	258 mg	11%
Potassium (as potassium bicarbonate)	170 mg	5%
Proprietary Get-Up-and-Go Blend	410 mg	**
Guarana ( <i>Paulina cupana</i> , 22% caffeine), Green tea ( <i>Camellia sinensis</i> , 90% EGCG) (leaf) extract powder, Taurine (as L-Taurine), <i>Panax ginseng</i> (root) extract powder (20% ginsenosides), <i>Rhodiola rosea</i> (root) extract (10% Rosavins)		

<sup>1</sup>Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**OTHER INGREDIENTS:** citric acid, natural cane sugar, natural flavors, stevia, natural color, magnesium oxide.

## Citrus

# Supplement Facts

Serving Size 1 stick pack (6.1 g)

	Amount Per Serving	% Daily Value <sup>1</sup>
Calories	13	
Total Carbohydrates	2 g	
Sugars	1.8 g	**
Riboflavin	3 mg	176%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Chromium (as chromium polynicotinate)	60 mcg	50%
Sodium (as sodium carbonate and sodium bicarbonate)	258 mg	11%
Potassium (as potassium bicarbonate)	170 mg	5%
Proprietary Get-Up-and-Go Blend	410 mg	**
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<sup>1</sup>Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**OTHER INGREDIENTS:** citric acid, natural cane sugar, natural flavors, stevia, natural color, magnesium oxide.

### ALSO RECOMMENDED

Arbonne Essentials Antioxidant & Immunity Booster, #2065; US \$69 SRP

Arbonne Essentials Omega-3 Plus, #2066; US \$40 SRP

Arbonne Essentials Spray Vitamin D + B12, #6135; US \$40 SRP

